

Patricia F Gallan QPM

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“Gritty and honest – the side of policing that is uncomfortable for readers no matter their heritage and background – for some, it brings back painful memories – for others, it will be met with – disbelief and dismissal ... The Author takes us on his journey with experiences and insight that many in policing and power now would gain from reading, reflecting and asking -how different is it really now? Paul is a friend and former colleague and we shared many similar experiences inside policing – this chronicle is a useful and insightful testament to policing as lived when you are a person of color. It is part of New Scotland Yard’s history ... it provides an insight into an institution of much greatness yet remains with issues when it comes to race that it finds difficult to acknowledge and thus resolve.”