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"Rocking the Boat' presents a challenging read at this particular time for those concerned with the police and race relations. The author's personal experiences will resonate with many black officers and white managers. As the demography of society continues to be more racially diverse, police managers must demonstrate a ruthless determination to tackle institutional racism. The then Home Secretary, Jack Straw, who launched the Inquiry into the death of the black student, Stephen Lawrence, said that there must be no more excuses. The author is to be commended for his courage in sharing his experiences.